

## GET IT OUT!

Come gather around people listen to my song  
It's about fluoridation don't take very long  
Got to get it out, get it out  
Out of my water, I don't want to drink it no more.

Fluoridation started in 1952  
The years have passed its up to me and you  
To get it out, get it out  
Out of my water, I don't want to drink it no more.

Where does it come from?  
Come down from Florida from the phosphorus plant  
They get it from the scrubber ship it in the can  
Got to get it out, get it out  
Out of my water, I don't want to drink it no more.

Us people in Burlington just don't see  
Most of Europe don't fluoridate so why do we  
Get it out, get it out  
Out of my water, I don't want to drink it no more.

Mr Harold Hodge said it was okay to drink  
But why we brush our teeth and spit it in the sink  
Got to get it out, get it out  
Out of my water, I don't want to drink it no more.

There's something fishy going on  
Fluoride was used to make the bomb  
Got to get it out, get it out  
Out of my water, I don't want to drink it no more.

Make your kidney hurt and your back weak  
I'd rather get my water from a good clean creek  
Get it out, get it out  
Out of my water, I don't want to drink it no more.

If we are drinking it it should be our choice  
The history pages have passed now hear my voice  
Get it out, get it out  
Out of my water, I don't want to drink it no more.

Cause people in Burlington just don't see  
Most of Europe don't fluoridate so why do we  
Get it out, get it out  
Out of my water, I don't want to drink it no more.

If we are drinking it it should be our choice  
The history pages have passed now hear my voice  
Get it out, get it out  
Out of my water, I don't want to drink it no more.

*Written and performed by Alex Wilson in Burlington, Vermont, in 2005. Alex sang this song as his public comment at a fluoridation hearing held by the Burlington Board of Health.*

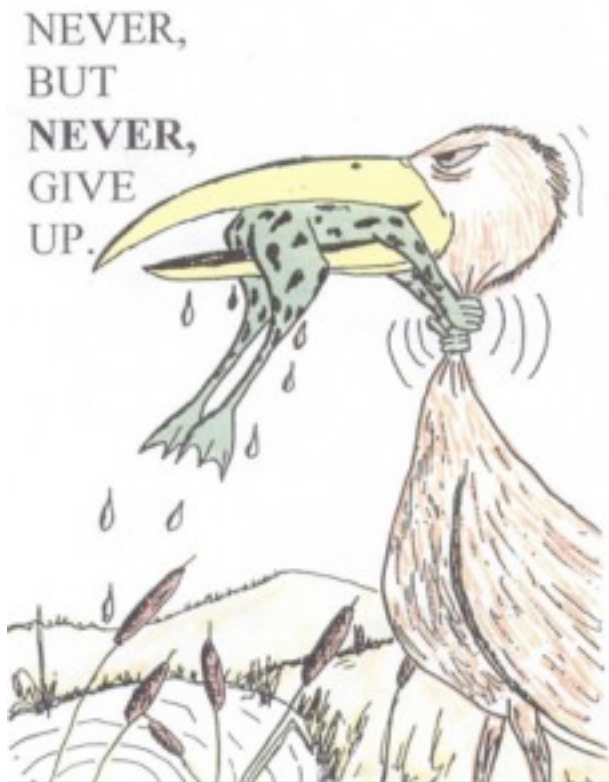
**NOTES:**

- The words can be adapted for your community. For example,

“Us people in Burlington [add the name of your community] ...”

“Fluoridation started in 1952 [change year for your community].”

- If you adapt this song for your community, please always give credit to Alex Wilson.



**Fluoride Action Network**

<http://www.fluoridealert.org/content/song-get-it-out/>